

# group resources

Resources for Cultivating A Healthy Soul...

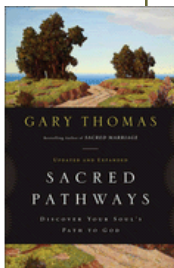
## Sacred Pathways: Discover Your Soul's Path to God | Gary Thomas

Book Study. 12 chapters.

\* Order this resource through the PV Bookstore.

"Thou Shalt Not Covet Thy Neighbor's Spiritual Walk."  
After all, it's his, not yours. Better to discover the path God designed you to take—a path marked by growth and fulfillment, based on your unique temperament. In *Sacred Pathways*, Gary Thomas strips away the frustration of a one-size-fits-all spirituality and guides you toward a path of worship that frees you to be you. If your devotional times have hit a snag, perhaps it is because you're trying to follow someone else's path. This book unfolds nine distinct spiritual temperaments—their traits, strengths, and pitfalls. In one or more, you will see yourself and the ways you most naturally express your relationship with Jesus Christ. Whatever temperament or blend of temperaments best describes you, rest assured it's not by accident. It's by the design of a Creator who knew what he was doing when he made you according to his own unique specifications. *Sacred Pathways* will show you the route you were made to travel, marked by growth and filled with the riches of a close walk with God.

\* Updated edition of Thomas' classic work includes chapter discussion questions.



## The Life You've Always Wanted | John Ortberg

Book or DVD Study. 13 chapters/ 6 sessions.

\* DVD study available for checkout . Contact Josh.

In this six-session small group DVD curriculum, award-winning author John Ortberg teaches participants the skills essential to "running the marathon" in the Christian life: slowing down, celebrating joy, practicing prayer, studying Scripture, and trusting God. Running time of each session, approx 15 minutes.



## The Apprentice Series | James Bryan Smith

### The Good and Beautiful God

### The Good and Beautiful Life

### The Good and Beautiful Community

Book Study.

\* Order this resource through the PV Bookstore.

Cultivate transformation in your life with tools from Smith's discipleship series. You'll grow in your understanding of who God is, what it means to be a Christian, and what it's like to live in community as part of God's kingdom—and reap gospel truth for everyday living! Include reflection and discussion questions, spiritual practice suggestions, and more.



## Growth: Everyday Training for Extraordinary Living | John Ortberg

Study Guide. 6 sessions.

\* Order this resource through the PV Bookstore.

What would your life be like if Jesus lived it? Imagine the change you would experience in your thoughts, actions, and relationships. Think of the joy and freedom that could transform every area of your life. That's exactly what God has in mind for you! You'll find out how in *Growth*. Through personal study and small group interaction, this study sets you on a path to live out the character of Jesus in this world as only you can. It happens not by trying hard, but by training. By cultivating spiritual disciplines—Scripture meditation, prayer, solitude, endurance, loving others—you'll discover the joy of being transformed by Christ and the freedom of living each day sustained by his power.

Growth group sessions are: Training to Live Like Jesus, The Practice of Scripture Meditation, The Practice of Solitude, Simple Prayer, Three Transforming Prayers, The Roundabout Way, And the Greatest of These Is Love.

